



# Pick up 10 pieces of trash in your neighborhood.

Art by Tate, age 9, NSW, Australia



## Get Inspired

### Quote

"Small acts, when multiplied by millions of people, can transform the world."

*Unknown*

### Fact

An estimated 51 billion pieces of litter wind up on America's roads and roadsides every year.



## Shake It Up

Stand up. Run in place as you count to 20. Touch your toes 10 times.  
Do 5 Jumping Jacks.

"I am making a difference!"



## Talk It Out

1. How do you feel when you see trash in your neighborhood?
2. Did you know that trash and litter affect our ecosystem and the animals that live in it?
3. How would you feel if you helped make a difference in your neighborhood?



## Do It!

1. Talk to a trusted adult/caregiver and arrange a time when they can go with you to pick up trash/litter in your neighborhood.
2. Bring a trash/litter bag and gloves with you.
3. Walk around your neighborhood and pick up 10 pieces of trash/litter.
4. Take a picture of the trash/litter you collected and share it with your classmates.

# Pick up 10 pieces of trash in your neighborhood.

## SEL Competencies

### Responsible Decision-Making

Identifying Problems  
Solving Problems  
Ethical Responsibility

### Relationship Skills

Teamwork  
Social Engagement

### Self-Awareness

Self-Confidence

## Timeframe

15 - 30 min

## Materials Required

Trash bag

Gloves



## Get Inspired

### Quote

Invite a student to read the quote.

### Fact

An estimated 51 billion pieces of litter wind up on America's roads and roadsides every year.

[Source](#): Keep America Beautiful



## Shake It Up

**Get your students moving. Invite them to do the following activity:**

Stand up. Run in place as you count to 20. Touch your toes 10 times. Do 5 Jumping Jacks. When finished say, "I am making a difference!"



## Talk It Out

**Encourage your students to reflect on the provided questions.**

1. How do you feel when you see trash in your neighborhood?
2. Did you know that trash and litter affect our ecosystem and the animals that live in it?
3. How would you feel if you helped make a difference in your neighborhood?



## Do It! (individually)

**Encourage your students to safely do the following:**

1. Talk to a trusted adult/caregiver and arrange a time when they can go with you to pick up trash in your neighborhood.
2. Bring a trash bag and gloves with you.
3. Walk around your neighborhood and pick up 10 pieces of trash/litter.
4. Take a picture of the trash/litter you collected and share it with your classmates.

Optionally, as a class post all of the pictures showing how much trash/litter was picked up during your virtual class clean-up.